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Adventurous Foodies Get a Taste of Belize

By: [EmailWire.Com Press Releases](#)

Posted on October 27, 2011 at 03:00 AM EDT

([EMAILWIRE.COM](#), October 27, 2011) HOPKINS, Belize- The rich waters and forests of Belize offer up many opportunities to combine daily explorations with new adventures for the taste buds.

Hiking through the Mayflower jungle, trekkers can watch for hundreds of species of tropical birds, large land mammals, multi-colored reptiles, and spectacular flora. It's possible a gibnut will pop out, an animal once dubbed the Royal Rat when served to Queen Elizabeth. If spotting wildlife gets anyone curious about the diet of these animals, knowledgeable local guides can supply a taste; termites anyone?

Along the central coast divers are working on a solution to invading lionfish: turn the problem into a delicious adventure. Lionfish are considered delicacies in their non-native areas, such as the Caribbean, so why not serve them up. Hamanasi Adventure and Dive Resort has a new Lionfish Spear fishing Day Trip where small groups of divers head out to the reef with a private Divemaster and help capture their dinner. After a successful day on the reefs the chefs at Hamanasi prepare flavorful dishes using the catch. A popular Hamanasi recipe uses butter, olive oil, garlic, bell pepper, onion, and white wine to panfry the lionfish. Local favorites like cassava and dragon fruit appear on the Hamanasi menu as well.

An appetite for adventure may lead to unexpected surprises and unforgettable tales in Belize. Media Contact: Amy Shadell, Amy@adventuremedianews.com, <http://www.hamanasi.com>. Photos Available. View Hamanasi Adventure and Dive Resort media kit.

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